



PARENT BULLETIN: EASTER EDITION

Dear Parents,

The Easter Holidays can be a daunting time for parents when the world is moving at its usual pace, in these difficult times they can be even more difficult! We hope that you have found our learning support helpful over the last couple of weeks and that you have been able to support your child in maintaining good learning habits. We know this isn't easy from home: we really do appreciate all that you have done in this area.

Over the holidays, school will remain closed except to those students identified by the Government. Therefore, teachers will not be setting work as we hope families will use this time for their own benefit. Unless things change, the current arrangements for school will continue after the Easter Holidays, when our online learning support will continue.

During holiday time, sticking to a routine is really important to help your child manage their way through uncertainty. We have put a number of links and ideas in this bulletin which we hope you will find useful over the next two weeks. Try to find time to relax and have fun as a family, but also consider supporting your child to take up a new hobby, research an area they are interested in or just to read a book or play a game.

It is a good idea for your child to make the distinction between "school time" and "free time" in this new world we currently live in so please ensure your child understands the need to return to their home-school routine on Monday 20th April, 2020 when their lessons will be waiting for them.

Helpful Links:

Usually paid-for things which are currently free: <https://www.moneysavingexpert.com/team-blog/2020/03/paid-for-things-they-ve-made-free-boxsets--audiobooks--fitness-c/>

Explore the planet mars at: <http://www.kids2.space/>

The Scouts have produced "The Great Indoors" Activities: <https://www.scouts.org.uk/the-great-indoors/>

Roald Dahl activities: <https://www.roalddahl.com/things-to-do-indoors>

20 apps or stir crazy kids: <https://www.theguardian.com/technology/2020/mar/29/learning-apps-for-stir-crazy-kids-while-schools-are-closed>



Keeping children safe:

Visit the NSPCC website for lots of information on keeping your child safe eg Online Safety, peer-on-peer abuse, parental advice etc.

<https://www.nspcc.org.uk/keeping-children-safe/>

Think U Know is a good source of online safety advice.

<https://www.thinkuknow.co.uk/parents/>



You and Your family's mental health:

The Mental Health Foundation and Place 2 Be have lots of good advice to help you in talking to your child about the situation

<https://www.mentalhealth.org.uk/publications/looking-after-your-mental-health-during-coronavirus-outbreak>

<https://www.mentalhealth.org.uk/coronavirus/talking-to-children>

<https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-advice-for-families-staying-at-home/>